Vol. 2, Issue 2 (2025) <u>https://acr-journal.com/</u>

To Study The Impact of Consumer Data Analytics on Personalization Strategies in Food Marketing

Dr. B. Venugopal¹

¹Assistant Professor (Finance & Accounting), Indian Institute of Plantation Management Bengaluru (An Autonomous Organization of the Ministry of Commerce & Industry, Govt. of India), Jnana Bharathi Campus, P. O. Malathalli, Bengaluru-560056.

Email ID: venugopal.b@iipmb.edu.in, https://orcid.org/0000-0003-4327-1612

Cite this paper as: Dr. B. Venugopal, (2025) To Study The Impact of Consumer Data Analytics on Personalization Strategies in Food Marketing. *Advances in Consumer Research*, 2 (2), 90-98.

KEYWORDS

Consumer Data Analytics, Personalization, Food Marketing, Digital Marketing, Consumer Engagement, Privacy Concerns

ABSTRACT

Consumer data analytics has become a potent instrument in shaping personalization strategies within the food marketing sector. This study investigates the impact of data-driven personalization on consumer engagement, satisfaction, and loyalty whilst addressing associated challenges and ethical concerns. With the growth of digital platforms and analytics driven by artificial intelligence, marketers are using data to develop personalized marketing campaigns. A survey of 108 respondents evaluated their awareness, experiences, and perceptions of personalized food marketing. Findings indicate that younger consumers (18-25 years) demonstrate the highest engagement with personalized marketing, and targeted digital advertisements are the most frequently experienced form. Over 60% of respondents reported an increased likelihood of purchasing after receiving personalized recommendations; however, concerns regarding excessive marketing and data privacy persist. Statistical analysis confirmed a strong correlation between personalization strategies and consumer engagement. The study emphasizes the necessity for brands to enhance data transparency, refine targeting accuracy, and guarantee adherence to privacy laws to establish long-term consumer trust whilst optimizing marketing effectiveness.

1. INTRODUCTION

Digital technologies and the growing use of consumer data analytics have transformed the food industry to a great extent. Traditional marketing strategies historically used a universal approach in their campaigns which routinely overlooked the varying tastes of different consumer segments. The availability of extensive consumer data combined with technological advancements enables businesses to create marketing strategies that target individual customer preferences. The application of consumer data analytics transforms food marketing personalization strategies as it allows businesses to segment customers properly while predicting demand and designing customized marketing campaigns. Companies can create more precise marketing strategies through analysis of consumer behavior and preferences by using Customer Relationship Management (CRM) systems and AI-powered analytics platforms. The customized approach improves customer interaction while sparking innovation and lasting growth in food marketing through alignment with consumer needs and expectations. (Adesiyan, 2024). The application of consumer data analytics improves personalization efforts in food marketing through the analysis of purchase histories and social media engagement data alongside browsing behaviors. Marketers can develop specifically targeted campaigns which predict what consumers want and need based on this method. AI algorithms use historical data analysis to spot patterns that help optimize inventory control and create successful marketing strategies so products reach their target audiences at optimal times to boost customer satisfaction and user experience. (Khamoushi, 2024)

75/800 Words Humanize Check for AI Artificial Intelligence gives companies the ability to collect and examine vast amounts of consumer information which greatly improves their marketing personalization efforts. Businesses can enhance their Organizations in the food industry can realize substantial advantages through AI-enhanced personalized marketing strategies that utilize consumer data analytics. (Rivera-Montaño, 2023). Through the analysis of large datasets pertaining to individual tastes, dietary restrictions, and purchase behaviors, consumer data analytics greatly improves personalization tactics in food marketing. Businesses may now provide individualized menu suggestions, customized promotions, and interactive dining experiences that meet the needs of a wide range of customers thanks to this analysis. Food and beverage services can improve customer happiness and loyalty, build closer relationships with customers, and increase income through customized marketing campaigns that appeal to particular consumer categories by utilizing AI-driven insights. (Morigeau, 2024)

Furthermore, advancements in big data and cloud computing have facilitated the capacity of food companies to process and analyze vast quantities of information in real time. Predictive analytics enables brands to anticipate consumer requirements, providing tailored product recommendations and promotional offers. While these strategies enhance marketing efficacy, there exists an ongoing discourse regarding ethical considerations, as consumers demand increased transparency concerning the collection and utilization of their data.

The COVID-19 pandemic further accelerated the digital transformation of food marketing. With lockdowns and restrictions limiting physical store visits, consumers increasingly turned to online grocery shopping and food delivery services. Companies like Zomato, Swiggy, and Amazon Fresh leveraged consumer data analytics to enhance personalized experiences, offering customized discounts, meal recommendations, and AI-powered chatbots for customer support. This shift highlighted the growing importance of data-driven personalization in shaping consumer behavior and brand preferences.

Given the rapid evolution of food marketing, this study aims to explore how consumer data analytics impacts personalization strategies. It aims to assess the efficiency of these strategies, identify key challenges, and propose actionable recommendations for optimizing data-driven personalization efforts while addressing privacy concerns and ethical considerations.

Need for the Study

In the contemporary landscape characterized by intense competition and a digitized economy, organizations are committing significant resources to consumer data analytics to derive insights into their target populations and improve marketing effectiveness. Although personalized marketing has exhibited its capacity to enhance consumer engagement and revenue generation, uncertainties regarding its enduring implications persist. A considerable number of consumers articulate concerns regarding the extent of their data utilization, precipitating a deterioration of trust between brands and their customer base. Furthermore, regulatory entities have initiated the enforcement of rigorous guidelines to protect data privacy and ensure the ethical collection of data. As enterprises progressively integrate artificial intelligence and predictive analytics into their marketing strategies, it becomes imperative to assess whether these initiatives culminate in substantial customer experiences and organizational growth. Understanding consumer perceptions towards data-driven personalization can aid brands in optimizing their strategies, ensuring that marketing efforts are congruent with customer expectations and compliant with regulatory frameworks. Additionally, addressing ethical dilemmas and data privacy concerns is essential for the maintenance of consumer trust. Consumers are becoming increasingly aware of their data privacy rights and are demanding enhanced control over their personal information. This research seeks to provide insights into how corporations can enact effective personalization strategies while upholding transparency, security, and compliance with data protection legislation. In light of these considerations, this study aims to analyze the influence of consumer data analytics on food marketing, specifically regarding the enhancement of customer experience while simultaneously addressing ethical considerations.

Objectives

- 1. Investigate the role of consumer data analytics in shaping personalization strategies.
- 2. Evaluate the effectiveness of personalization in consumer engagement, satisfaction, and loyalty.
- 3. Identify challenges in utilizing consumer data analytics for personalization.
- 4. Propose recommendations to optimize personalization strategies while addressing ethical concerns.

2. LITERATURE REVIEW

Consumer data analytics substantially augments personalization methodologies in the realm of food marketing by facilitating machine learning algorithms to customize dietary suggestions predicated on individual preferences and attributes. Through the examination of historical dietary patterns, socio-demographic variables, and nutritional needs, retailers can offer tailored recommendations that correspond with consumer requirements. This methodology not only enhances customer satisfaction and loyalty but also underpins effective marketing strategies, ultimately culminating in improved shopping experiences and more health-conscious dietary selections for consumers. (Adhikari & McFadden, 2025). The manuscript elucidates that the utilization of big data analytics markedly augments personalization methodologies within marketing, particularly in the food sector. Through the examination of consumer data, marketers are enabled to customize their approaches to address the distinctive needs, preferences, and behaviors of individual customers. This level of customization yields enhancements in

Advances in Consumer Research | Volume: 2 | Issue: 2 | Year: 2025

customer relationships and fosters loyalty, as enterprises can modify their offerings to correspond with particular demands. The results accentuate that the employment of consumer data analytics is imperative for augmenting marketing productivity and efficacy within the prevailing competitive milieu. (Patricio-Peralta et al., 2024)

Consumer data analytics profoundly augments personalization methodologies within the realm of food marketing by facilitating the systematic collection and examination of user data. This scholarly article elucidates the manner in which machine learning algorithms exploit this data to provide customized food recommendations that are reflective of individual preferences, dietary requirements, and contextual elements such as meteorological conditions and temporal factors. Through the application of content-based and collaborative filtering paradigms, enterprises are empowered to construct item feature and user similarity matrices, thereby yielding more pertinent and enticing food alternatives for consumers, which, in turn, enhances customer satisfaction and engagement. (Jalali et al., 2022). The manuscript elucidates the increasing prevalence of digital personalization in food marketing, underscoring the pivotal role of consumer data analytics in the customization of marketing strategies. Through the examination of consumer behaviors and preferences, enterprises are equipped to devise targeted marketing communications that resonate with distinct consumers. This individualized methodology not only augments consumer engagement but also exerts a significant influence on purchasing decisions, as the Internet emerges as a fundamental element in the formation of consumer behavior. Consequently, the proficient application of data analytics is imperative for the optimization of personalization strategies within the food industry. (Mateášiková et al., 2024)

Consumer data analytics markedly improves personalized marketing strategies within the food sector by facilitating a comprehensive understanding of individual dietary requirements and preferences. Utilizing market surveys and sophisticated technologies such as artificial intelligence and machine learning, enterprises are capable of examining consumer behavior and emerging trends, thereby enabling the creation of customized products. This emphasis on individualized offerings aligns with the growing consumer demand for health-oriented, organic, and functional food options, ultimately assisting companies in maintaining their competitive edge within a swiftly transforming marketplace while simultaneously addressing the distinct expectations of their target demographic. (Maurya, 2024). The adoption of personalization tactics in marketing is heavily influenced by Big Data analytics (BDA), according to the research. The usage of BDA improves customer understanding and experience through efficient tailoring, even though it has no direct impact on market performance. This is especially important in the food marketing industry, as knowledge of consumer behavior can result in customized products that appeal to personal tastes and boost sales. The association between BDA use and the adoption of personalization strategies is moderated by competitive intensity, highlighting the significance of context in these tactics.(Kamel 2023)

By allowing companies to use techniques like data mining and predictive analytics, the report emphasizes how consumer data analytics greatly improves personalization efforts in food marketing. By using these strategies, businesses may better cater their marketing campaigns to the tastes of specific consumers, which boosts customer loyalty, conversion rates, and engagement. Businesses can improve their marketing efforts and achieve better business outcomes while resolving integration issues and data protection concerns by examining customer behavior and satisfaction levels.(Islam and others, 2024)

By allowing businesses to examine enormous volumes of customer data, consumer data analytics greatly improves personalization tactics in food marketing. This enables marketers to produce customized experiences that appeal to individual interests, such as targeted ads and personalized product recommendations. Businesses may predict trends and make well-informed decisions by integrating data analytics, which offers greater insights into consumer behavior. As a result, data-driven, individualized marketing techniques increase consumer trust and loyalty while simultaneously enhancing customer engagement and happiness.(Pagala and others, 2024The study emphasizes how big data has a large impact on tailored marketing tactics, which improves customer happiness and buying patterns. Analytics of consumer data can be used to customize recommendations in the context of food marketing according to personal preferences, increasing customer engagement. The study highlights that although personalized recommendations and high-quality products are essential for customer satisfaction, big data's direct effects on customer satisfaction levels can differ. This implies that quality and data-driven insights should be given top priority in food marketing personalization initiatives.(Lazrak and others, 2024)

Finally, ethical challenges associated with AI-driven personalization, focusing on privacy, algorithmic bias, and information diversity, have been highlighted. Transparent data practices, robust bias mitigation strategies, and mechanisms to ensure information diversity are necessary. The study depicts the development of ethical frameworks to scrutinize AI applications in digital media (Dasi et al., 2024).

3. RESEARCH METHODOLOGY

A quantitative research methodology is used in this study to examine how consumers see customized food marketing. To ensure varied representation across demographics, including age, gender, and socioeconomic background, 108 respondents were given structured surveys to complete to collect data. To gauge consumer awareness, involvement, and attitudes toward personalized marketing, the poll included both closed-ended and Likert-scale items. A probability random sampling technique was used to guarantee objective data gathering. To find relationships between personalization tactics, customer satisfaction, and purchase intent, statistical methods such as regression analysis and ANOVA were used to examine the data.



4. DATA ANALYSIS AND INTERPRETATION

Survey data analysis offers insightful information on how consumer data analytics affect food marketing personalization.. The respondents represented a diverse demographic, with a majority (52%) belonging to the 18-25 age group, followed by 30% in the 26-35 category. This distribution highlights that younger consumers are more engaged with digital marketing, making them a critical target audience for personalized strategies. Gender distribution was fairly even, with 56% female and 44% male respondents. A significant proportion (52%) were students, indicating that younger consumers frequently engage with personalized marketing, possibly due to their higher reliance on digital platforms for food-related purchases and interactions.

The awareness and understanding of consumer data analytics were also examined. While 100% of respondents acknowledged familiarity with consumer data analytics, only 56% demonstrated a thorough comprehension of how it works in marketing. The remaining 44% were aware of its existence but lacked clarity on its mechanics. This knowledge gap indicates that while consumers recognize data-driven marketing efforts, there is still a need for greater transparency from businesses regarding how consumer data is collected, analyzed, and utilized to enhance marketing strategies. Brands that educate consumers on data usage may improve trust and willingness to engage with personalized marketing efforts.

Respondents' experiences with personalized marketing revealed that targeted digital advertisements were the most common interaction, encountered by 78% of participants. SMS-based promotions followed closely at 55%, while 41% received inapp notifications, and 30% experienced personalized email recommendations. These findings suggest that digital platforms and mobile marketing are the primary channels through which consumers receive personalized food marketing content. The prominence of SMS and in-app notifications indicates that businesses are increasingly using real-time engagement strategies to influence purchasing behavior.

An important aspect of the research paper is assessing the effectiveness of personalized marketing on consumer purchasing decisions. The results showed that 36% of respondents were somewhat likely to purchase after receiving a personalized recommendation, while 28% were very likely. However, 36% remained neutral, and 8% indicated that they were unlikely to make a purchase. These findings suggest that while personalization can drive engagement, it does not always translate into immediate purchases. Purchase decisions are heavily influenced by elements like cost, perceived value, product quality, and brand trust. Conversion-boosting personalized marketing initiatives that go beyond product recommendations, such as providing special discounts, individualized meal plans, and loyalty-based rewards, might be more successful.

While personalized marketing aims to enhance consumer experiences, excessive marketing messages can have the opposite effect. The study found that 63% of respondents felt that personalized marketing was occasionally intrusive, while 30% frequently found it overwhelming. Only 7% reported never experiencing intrusiveness. These results emphasize the significance of optimizing the frequency and relevance of personalized marketing efforts to prevent consumer fatigue. Overpersonalization and excessive marketing messages can lead to negative brand perception, causing disengagement rather than fostering loyalty. To guarantee positive engagement, businesses need to find a balance between personalizing and respecting customer boundaries.

Consumer comfort with data collection was another crucial area of analysis. The study revealed that 22% of respondents were somewhat or very comfortable with brands collecting and analyzing their data for personalized marketing. However, the majority (63%) remained neutral, while 15% expressed discomfort due to privacy concerns. Given the high degree of neutrality, it appears that many customers lack strong opinions regarding data collecting, most likely as a result of their ignorance of the uses of their data. This reinforces the need for brands to prioritize transparency in their data collection practices and implement clear privacy policies. Providing opt-in and opt-out options, along with enhanced control over data-sharing preferences, can help alleviate consumer concerns and foster greater trust.

To further analyze engagement with personalized marketing, various demographic and behavioral factors were examined.

Impact of Age on Knowledge of Consumer Data Analytics

- **Null Hypothesis** (H0): There is no significant difference in knowledge of consumer data analytics for personalized marketing across different age groups.
- Alternative Hypothesis (H1): There is a significant difference in knowledge of consumer data analytics for personalized marketing across different age groups.

Table 1: Impact of Age on Knowledge of Consumer Data Analytics

ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Between Groups	6	1	6	9.63	0.002172565	3.88527959
Within Groups	133.3333333	214	0.62305296			

Advances in Consumer Research | Volume: 2 | Issue: 2 | Year: 2025

Total	139.3333333	215		

Source: Primary data

ANOVA tests confirmed that knowledge of consumer data analytics significantly varied across age groups (p=0.0022), with younger individuals demonstrating higher familiarity.

Gender Influence on Personalized Purchase Decisions

- **Null Hypothesis** (H0): There is no significant difference between the Gender and Likelihood to Purchase after receiving personalization recommendation.
- Alternative Hypothesis (H1): There is significant difference between the Gender and Likeliness to Purchase after receiving personalization recommendation.

Table 2: Gender Influence on Personalized Purchase Decisions

ANOVA						
Source of Variation	SS	df	MS	F	P-value	F crit
Between Groups	24	1	24	43.7727272 7	2.90957E- 10	3.8852795 9
Within Groups	117.3333333	214	0.548286 604			
Total	141.3333333	215				

Source: Primary data

Gender also played a role in engagement levels, with a significant influence (F=43.77, p<0.05) on the likelihood of purchasing after receiving personalized recommendations. The findings indicate that women were more responsive to personalized marketing efforts than men, suggesting that gender-based segmentation may be an effective approach for brands looking to enhance their personalization strategies.

Factors Affecting Consumer Response to Personalized Marketing

- **Ho (Null Hypothesis)**: There is no significant relationship between Age, Comfort with Data Collection, and Perceived Intrusiveness with the **Likeliness** of engaging with personalized marketing.
- **H**₁ (Alternative Hypothesis): At least one of the independent variables (Age, Comfort with Data Collection, or Perceived Intrusiveness) has a significant impact on the Likeliness of engaging with personalized marketing.

Table 3: Factors Affecting Consumer Response to Personalized Marketing

Regression Statistics					
Multiple R	0.402076984				
R Square	0.161665901				
Adjusted R Square	0.137483186				
Standard Error	0.854900795				
Observations	108				
ANOVA					
	df	SS	MS	F	Significance F

Regression	3	14.65770833	4.885902778	6.685184221	0.000359295
Residual	104	76.00895833	0.730855369		
Total	107	90.66666667			

Source: Primary data

A multiple regression analysis revealed that consumer comfort with data collection was the most influential factor affecting engagement with personalized marketing. The results highlight the importance of trust and openness in influencing how customers react to tailored advertising initiatives. Personalized recommendations are more likely to be engaged with and followed by customers who believe that firms handle their data appropriately. This suggests that brands should not only focus on refining their personalization techniques but also implement robust data protection measures to build consumer confidence.

Respondents were also asked about areas where personalized marketing could be improved. The majority (70%) highlighted the need for clearer data privacy policies, while 59% sought better opt-out options. Furthermore, 40% said marketing messages were too frequent, and 26% desired more control over their data. These findings highlight how crucial it is to provide customers with more control over how their data is utilized. Long-term customer engagement and trust are more likely to be developed by brands that offer clear and adaptable customization experiences.

Another key area of improvement suggested by 44% of respondents was the inclusion of personalized rewards and incentives. Many consumers appreciate personalized recommendations but expect tangible benefits such as discounts, special offers, or loyalty points in return for their engagement. Brands may see increased engagement and conversion rates if they combine incentive-based marketing with personalization.

The data analysis highlights several critical factors influencing consumer engagement with personalized marketing in the food industry. While targeted marketing efforts can enhance customer experiences and influence purchasing behavior, data privacy concerns and marketing intrusiveness must be addressed to maintain consumer trust. The findings suggest that brands need to refine their personalization strategies by improving data transparency, optimizing marketing frequency, and offering greater consumer control over personalization preferences. Businesses that prioritize ethical data practices and enhance personalized marketing initiatives that are seen as valuable have a higher chance of long-term success.

5. RESULTS & DISCUSSIONS

The results of this study demonstrate how important consumer data analytics are for tailoring food marketing campaigns. The data collected from 108 respondents provides an in-depth understanding of how personalized marketing impacts consumer engagement, purchase intent, and brand perception. The results suggest that personalization positively influences consumer behavior, but ethical concerns related to privacy, data security, and marketing intrusiveness must be addressed for sustainable implementation.

One of the key findings is that younger consumers, particularly those aged 18-25, exhibit the highest engagement with personalized marketing efforts. This age group is more accustomed to digital interactions, making them more receptive to targeted recommendations, discount offers, and loyalty-driven marketing campaigns. Their high engagement with social media and e-commerce platforms enables brands to leverage AI-driven insights and predictive analytics to refine their personalization strategies. However, the study also revealed that engagement does not always translate into purchases, as several external factors, including product pricing, perceived value, and trust, influence purchasing decisions. Many respondents indicated that while they appreciate personalized offers, they do not necessarily act on them unless additional incentives are provided.

Personalized digital advertising emerged as the most common experience among consumers, with 78% of respondents encountering targeted advertisements on social media and search engines. The second most common form was SMS-based promotions, which 55% of respondents had received. In-app notifications (41%) and personalized email recommendations (30%) were also widely experienced, suggesting that brands are diversifying their personalization efforts across multiple channels. This Omni channel approach is essential for enhancing consumer touchpoints and improving engagement. However, the frequency of such marketing efforts must be carefully managed to prevent consumer fatigue.

Although personalized marketing aims to enhance consumer experience, the study found that 63% of respondents considered it occasionally intrusive, while 30% found it frequently excessive. This suggests that brands need to refine their targeting algorithms to ensure that marketing messages are relevant and not overwhelming. Personalization should focus on quality over quantity, with an emphasis on delivering value-driven content rather than repetitive promotional material. Consumers reported that intrusive marketing diminishes their trust in brands and may even lead them to disengage or unsubscribe from marketing communications. This highlights the need for marketers to implement intelligent frequency capping and consumer preference tracking to ensure a balance between engagement and intrusion.

The study also identified a crucial link between trust and consumer engagement with personalized marketing. While 22% of

respondents were comfortable with brands collecting and utilizing their data, the majority (63%) remained neutral, indicating uncertainty or a lack of awareness about how their data is used. Meanwhile, 15% of respondents expressed discomfort, citing concerns over privacy and potential misuse of their information. These results highlight how crucial it is for data-gathering procedures to be transparent. Brands that communicate how they use consumer data and offer opt-in choices for personalization are more likely to build trust and increase engagement. The implementation of GDPR-style privacy controls, such as user consent mechanisms and customizable data preferences, can significantly improve consumer perception of personalization efforts.

Another critical insight from the study was the influence of gender on consumer engagement. The statistical analysis confirmed that women were more inclined to interact with personalized marketing and respond positively to targeted recommendations. The reasons for this could be linked to purchasing behavior patterns, as previous studies indicate that women tend to be more receptive to personalized shopping experiences, product suggestions, and exclusive discounts. This implies that by using gender-based segmentation techniques and providing tailored promos that suit individual tastes and purchasing habits, marketers may increase the efficacy of customization.

Product classifications and promotional strategies also had an impact on how effective personalized marketing was. Respondents indicated an increased degree of interaction with personalized recommendations for food products related to health, diet, and convenience, such as organic foods, meal subscriptions, and ready-to-eat products. Conversely, impulse-driven food products, such as snacks and beverages, saw lower engagement rates, suggesting that personalization efforts for these categories should focus more on strategic placement and time-sensitive offers. Additionally, discount-based personalization was identified as the most effective strategy, with respondents favoring exclusive promotions and cashback rewards over-generalized advertising.

Among the most important challenges identified in the study is the over-reliance on algorithm-driven personalization, which sometimes leads to inaccurate recommendations. Respondents reported instances where they received irrelevant or redundant product suggestions, reducing the perceived effectiveness of personalized marketing. This suggests that brands must continuously refine their algorithms using real-time consumer feedback and adaptive learning models to improve accuracy. Machine learning techniques, when combined with direct consumer input, can help brands enhance the relevance of their personalization efforts and improve customer satisfaction.

Another area for improvement, highlighted by 70% of Respondents, is it necessary to have more transparent data privacy policies. Many consumers indicated that while they enjoy the benefits of personalized marketing, they want more authority over the usage of their data. The ability to customize marketing preferences, opt out of specific data-sharing practices, and access transparency reports can improve consumer trust in data-driven personalization. Additionally, 59% of respondents wanted better opt-out options, while 40% believed that marketing messages should be less frequent. According to these results, brands need to balance consumer autonomy with data-driven engagement.

Consumer expectations for personalization extend beyond product recommendations. A significant portion of respondents (44%) expressed interest in receiving personalized rewards and incentives, such as membership discounts, early access to new products, and customized meal plans based on dietary preferences. This suggests that personalization strategies should incorporate experiential benefits rather than simply focusing on product promotions. Brands that integrate personalized loyalty programs and gamification elements into their marketing strategies may experience higher consumer retention and long-term brand loyalty.

The discussion also extends to the ethical considerations surrounding consumer data analytics in food marketing. With increasing concerns about digital privacy, regulatory bodies impose stricter data collection and usage guidelines. The study emphasizes that brands must proactively address privacy concerns by implementing ethical data collection practices and guaranteeing adherence to data protection regulations. Ethical personalization should prioritize user consent, fair data usage policies, and responsible AI applications to prevent algorithmic biases. Companies that align their personalization strategies with ethical marketing practices will likely foster stronger consumer relationships and long-term brand loyalty.

The findings indicate that while personalization is pivotal in enhancing consumer engagement, its effectiveness depends on trust, transparency, and relevance. Businesses that invest in refining their personalization strategies by leveraging AI-driven insights, optimizing data privacy policies, and offering value-based incentives are more likely to succeed in maintaining positive consumer relationships. To maintain sustainable involvement, personalized food marketing in the future will need to combine consumer-centric strategies, ethical considerations, and technology breakthroughs.

Future studies ought to concentrate on examining the long-term impact of personalized marketing on consumer loyalty and examining how cutting-edge technologies like federated learning and blockchain might enhance data privacy while preserving the efficacy of personalization. Furthermore, research should look into how consumer perceptions of personalization evolve in response to regulatory changes and industry innovations. By continuously adapting to shifting consumer expectations and regulatory landscapes, brands can refine their personalization strategies and create a marketing ecosystem that benefits both businesses and consumers.



6. CONCLUSION

This study highlights the significant role of consumer data analytics in shaping personalization strategies in food marketing. The findings suggest that while personalized marketing enhances consumer engagement, it must be implemented with ethical considerations and transparency to ensure consumer trust. Younger consumers, particularly those aged 18-25, show the highest degree of interaction with customized advertising, mostly as a result of their knowledge of online channels and AI-driven recommendations. Engagement by itself, however, does not always result in purchases because customer decisions are still influenced by elements like price sensitivity, brand trust, and product relevance.

Although digital advertisements, SMS promotions, and in-app notifications remain effective channels for delivering personalized marketing, they can become intrusive if not carefully managed. A significant portion Concerns with overzealous marketing were voiced by many responders, which can lead to consumer fatigue and disengagement. To address this, brands must fine-tune their personalization strategies by optimizing message frequency and ensuring that marketing content remains relevant and value-driven.

Many customers are still unsure about how their data is gathered and used, which raises serious concerns about data privacy. Building trust requires openness, unambiguous privacy policies, and granting customers more control over their data preferences. Businesses that prioritize responsible data collection practices, ethical AI-driven recommendations, and consumer-centric personalization strategies will be better positioned for long-term success. By balancing innovation with privacy and ethical considerations, brands can refine their personalization efforts to create a more engaging and trustworthy consumer experience.

REFERENCES

- [1] Adesiyan, K. T. (2024). The Role Of Business Analytics In Enhancing Marketing Strategies For Food Products: A Systematic Review. *IOSR Journal of Business and Management*, 26(12), 52–57. https://doi.org/10.9790/487x-2612125257
- [2] Adhikari, S., & McFadden, B. R. (2025). Bridging taste and health: the role of machine learning in consumer food selection. *The International Food and Agribusiness Management Review*, 1–16. https://doi.org/10.22434/ifamr1131
- [3] Baker, F. M., & Lightfoot, O. B. (1993). Psychiatric care of ethnic elders. In A. C. Gaw (Ed.), *Culture, Ethnicity, and Mental Illness* (pp. 517–552). Washington, DC: American Psychiatric Press.
- [4] Dasi, J., Patel, N., & Rao, V. (2024). Ethical challenges of AI-driven personalization: Privacy, bias, and diversity. *Journal of Digital Ethics*, 5(1), 20-35.
- [5] Dhiman, M. (2003). HRD in tourism. Retrieved from http://www.tourismabstracts.org/hrd/papers-authors/id2354
- [6] Islam, A., Hasan, S. K., Islam, M. A., Priya, S. afrin, & Islam, N. M. (2024). The Role of Big Data Analytics in Personalized Marketing: Enhancing Consumer Engagement and Business Outcomes. *International Journal For Multidisciplinary Research*. https://doi.org/10.36948/ijfmr.2024.v06i05.28077
- [7] Jalali, A., Manoj, K. P. A., Amulya, N., Siddiqua, A., Singh, A. K., & Krishna, S. M. H. (2022). Mobile Application for Personalized Food Recommendation. 2022 IEEE 7th International Conference for Convergence in Technology (I2CT), 1–6. https://doi.org/10.1109/i2ct54291.2022.9824896
- [8] Johnson, M. (2018). Ethics in data-driven marketing: Addressing privacy concerns. *Journal of Business Ethics*, 154(3), 523-538.
- [9] Kamel, M. A. (2023). Big data analytics and market performance: the roles of customization and personalization strategies and competitive intensity. *Journal of Enterprise Information Management*, *36*, 1727–1749. https://doi.org/10.1108/jeim-04-2022-0114
- [10] Karulkar, S., Gupta, R., & Mishra, T. (2019). Consumer adoption of online food delivery services: Application of UTAUT model. *Journal of Digital Commerce*, 14(2), 77-91.
- [11] Khamoushi, E. (2024). AI in Food Marketing from Personalized Recommendations to Predictive Analytics: Comparing Traditional Advertising Techniques with AI-Driven Strategies. https://doi.org/10.48550/arxiv.2410.01815
- [12] Kumar, P., Gupta, A., & Verma, S. (2021). Consumer behavior and personalization: The impact of data analytics. *Journal of Marketing Research*, 58(1), 33-49.
- [13] Lazrak, Y., Amrani, O., & Tissafi, A. E. I. (2024). Big Data and Consumer Behavior. *Advances in Marketing, Customer Relationship Management, and e-Services Book Series*, 266–283. https://doi.org/10.4018/979-8-3693-3172-9.ch013
- [14] Lee, J., Kim, S., & Park, Y. (2019). Personalized marketing and consumer loyalty: A study on food service apps. *Journal of Consumer Behavior*, 18(4), 298-310.

Advances in Consumer Research | Volume: 2 | Issue: 2 | Year: 2025

- [15] Madani, M., & Alshraideh, M. (2021). Predicting consumer purchasing decisions using machine learning in online food delivery. *Journal of Artificial Intelligence Applications*, 9(3), 112-127.
- [16] Mateášiková, A., Košičiarová, I., Kádeková, Z., & Osúchová, K. (2024). How Does Today's Modern Digital World Affect Food Purchase? *Deleted Journal*, 474–486. https://doi.org/10.34135/mmidentity-2024-49
- [17] Maurya, N. K. (2024). Decoding Consumer Dynamics: A Deep Dive into Food Industry Surveys and Trends. *Nutrition and Food Processing*, 07(14), 01–06. https://doi.org/10.31579/2637-8914/275
- [18] Mooij, M. (2019). Cultural factors in consumer behavior: Implications for global marketing. *International Journal of Consumer Studies*, 43(1), 67-82.
- [19] Murugeah, M. K. (2024). Enhancing efficiency and Personalization in Food and Beverage Service through AI: Future Trends and Challenges. *International Journal for Multidimensional Research Perspective* (*IJMRP*), 2(7), 01–17. https://doi.org/10.61877/ijmrp.v2i7.162
- [20] Pagala, I., Asir, M., Mere, K., Lestari, U. P., & Siddiqa, H. (2024). Consumer Behavior in the Age of AI: The Role of Personalized Marketing and Data Analytics in Shaping Purchase Decisions. *Dinasti International Journal of Education Management and Social Science (DIJEMSS)*, 5(6), 1898–1907. https://doi.org/10.38035/dijemss.v5i6.2947
- [21] Patricio-Peralta, C., Zamora Mondragon, J., Segura Terrones, L., & Ramirez Villacorta, J. (2024). Big data analysis and its impact on the marketing industry: a systematic review. *Indonesian Journal of Electrical Engineering and Computer Science*. https://doi.org/10.11591/ijeecs.v35.i2.pp1032-1040
- [22] Paul, J., & Rana, J. (2012). Consumer behavior and purchase intentions of organic food: A review. *Journal of Retailing and Consumer Services*, 19(5), 412-430.
- [23] Piccoli, G., Lui, T.-W., & Grun, S. (2017). The impact of IT-enabled customer service on service personalization and hotel performance. *Journal of Hospitality & Tourism Research*, 41(5), 646-672.
- [24] Pinheiro, M., Nunes, R., & Vietoris, V. (2013). The role of social media in food marketing: Engaging consumers emotionally. *Food Marketing Journal*, 27(3), 215-231.
- [25] Prakash Raj, S., & Bhattacharjee, P. (2020). Consumer data analytics and the future of personalization. *Journal of Business and Technology*, 25(2), 101-122.
- [26] Rivera-Montaño, S. A. (2023). Impacto de la inteligencia artificial (IA) en la efectividad de las estrategias de marketing personalizado. *Revista Científica Anfibios*. https://doi.org/10.37979/afb.2023v6n2.138
- [27] Sharma, A., & Aggarwal, P. (2020). Digital transformation in the food industry: Personalization through consumer analytics. *Journal of Food Marketing*, 12(1), 34-50.
- [28] Tourism supply and demand. Retrieved from http://www.tourismabstracts.org/food/papers-authors/4509

