

Comparative Analysis of Hydroponic Farming and Traditional Farming: Assessing Sustainability

Dr. Barkha Agrawal¹, Prabha Dadlani², Dr.Dhanashree Nagar^{*3}

¹Associate Professor, IPS Academy, Institute of Business Management and Research, Knowledge Village, Rajendra Nagar, AB Road, Indore (M.P.), 452012, India

Email ID: barkhagrawal13@gmail.com

²Research Scholar, IPS Academy, Institute of Business Management and Research, Knowledge Village, Rajendra Nagar, AB Road, Indore (M.P.), 452012, India

Email ID: prabhadadlani1601@gmail.com

^{3*}Associate Professor, IPS Academy, Institute of Business Management &Research, Knowledge Village, Rajendra Nagar, AB Road, Indore (M.P.), 452012, India

Email ID: hi.dhanashree@gmail.com

Corresponding Author:

Dr.Dhanashree Nagar,

^{3*}Associate Professor, IPS Academy, Institute of Business Management &Research, Knowledge Village, Rajendra Nagar, AB Road, Indore (M.P.), 452012, India

Email ID: hi.dhanashree@gmail.com

Cite this paper as: Dr. Barkha Agrawal, Prabha Dadlani, Dr.Dhanashree Nagar, (2025) Comparative Analysis of Hydroponic Farming and Traditional Farming: Assessing Sustainability. *Advances in Consumer Research*, 2 (3), 1057-1067.

KEYWORDS

Sustainability, Hothouse civilization, Hydroponic husbandry, Traditional husbandry, Energy consumption.

ABSTRACT

The tending world population has sparked critical worries about environmental protection, food safeguard, and energy. By espousing innovative inventions that maximize expedient use, reduce environmental impact, and increase food product, the husbandry sector plays a critical part in addressing these issues. With its controlled settings that increase crop yields, ameliorate quality, and use lower water, hydroponic husbandry has evolved as an essential tactic for achieving sustainability. With this, farmers continue to favor hydroponic husbandry because of its capability to maximize yield, permit for time- round husbandry, and controlled outside factors including pests, ails, and severe rainfall. The relative study of conventional and hydroponic husbandry ways established different patterns of energy use, crop yields, and impact on the terrain. According to the findings, hydroponic systems with slice- edge medium for growth and control technology produce optimal conditions for growth and yield 11 times as much but the high energy consumption is a matter of concern. These perceptions can guide plans that optimize energy effectiveness, cut charges, and support sustainable husbandry styles, all of which will ultimately ameliorate environmental sustainability and the vacuity of nutritional food worldwide..

1. INTRODUCTION

Given that the global population is still increasing at an undetermined amount, the pressure on our global food system to produce further with limited coffers has no way been more thoughtful. By 2050, we'll need to support 9.7 billion people, which are a stunning 30% increase from the current population (United Nations, 2020). This demographic shift won't only put a strain on our food product systems but also complicate the formerly pressing issues of climate change, water failure, and environmental declination. Agriculture, which accounts for roughly 70% of global brackish recessions (FAO, 2017), is at the van of this challenge. Traditional husbandry practices, which have been the backbone of food product for centuries,



are facing unknown challenges in balancing food product with environmental sustainability. The intimidating rates of soil corrosion, water pollution, and biodiversity loss are all testaments to the unsustainable nature of traditional husbandry practices (Tilman et al., 2011). In this environment, hydroponic husbandry, a soilless civilization system, has surfaced as a promising volition to traditional husbandry practices. Hydroponic husbandry, which involves growing shops in a nutrient-rich result rather than soil, has been shown to offer several sustainability benefits. These include reduced water consumption (up to 90% lower than traditional husbandry) (Savvas et al., 2013), increased crop yields (up to 30% advanced than traditional husbandry) (Resh, 2013), and minimized environmental impact (reduced use of fungicides, dressings, and diseases) (Morton, 2013). Still, hydroponic husbandry also has its downsides, including high energy consumption and dependence on non-renewable coffers (Barbosa et al., 2015). Also, the profitable viability of hydroponic husbandry is still a content of debate, with some arguing that the high original investment costs and ongoing functional charges make it inapproachable to small-scale growers (Singh et al., 2019). Despite the growing interest in hydroponic husbandry, there's a need for a comprehensive relative analysis of its sustainability benefits and downsides relative to traditional husbandry practices. By evaluating the long-term health of hydroponic and conventional farming methods with regard to their effects on the environment, society, and economy, this investigation seeks to close this information gap

Objectives

1. To examine the environmental benefits of hydroponic husbandry over traditional husbandry practices, emphasizing reductions in hothouse gas emigrations, water use, and energy use.
2. To estimate the social goods of hydroponic and conventional husbandry styles, taking into account rudiments including community involvement, labor norms, and working conditions.
3. To examine the economic feasibility of hydroponic husbandry and traditional husbandry practices, taking into account variables including product costs, crop yields, and request trends.
4. To list the main benefits and downsides of hydroponic and conventional husbandry styles, emphasizing areas that could use invention and development.
5. To give suggestions grounded on the exploration findings for stakeholders, growers, and controllers to support sustainable development in conventional husbandry and hydroponic husbandry.

2. METHODOLOGY

A comprehensive literature review was conducted to gather data from recent and previous studies, icing a precise and thorough analysis. A keyword hunt was performed using individual and concerted terms, including hydroponics, traditional husbandry, environmental impact, soil declination, water operation, land application, energy consumption, hothouse operation, heating and cooling systems, and crop yields. The hunt results were assessed for applicability and utility, with a focus on opting both recent publications and earlier studies that handed precious perceptivity. The collected data was organized into orders related to hydroponics, conventional husbandry, and hothouse systems, covering motifs similar as environmental footmark, water consumption, and energy operation. The reviewed sources were published between 2000 and the present, with 14 of the cited workshop dating back to 2000- 2010, 22 to 2011- 2015, and 60 to 2016 or latterly. Also, this review handed an overview of hydroponics, its benefits, and downsides, as bandied in this paper.

Data Collected from Reviewed Literature

The Environmental Effects of Conventional Farming

The substantial consumption of resources, chemicals, herbicides, and land—all of which must be increased to achieve rising consumption targets—is one of the main drawbacks for traditional farming. (PSCI.2020).The cultivation of crops already occupies 38% of non-frozen land worldwide; This proportion will rise gradually to the point 2050, when there will be more than five ninety three mm kilometers of land available to feed a constantly expanding civilization. The devastation of environments and the disruption of the natural equilibrium are among the drawbacks of this land use. In terms of ecosystem balance, soil loss is attributed to intense agriculture at high productivity. (Su, Y., Li et.al. 2019). Furthermore, there has been a noticeable decrease in arable land and a change in the surrounding countryside. (Cortada.et.al. 2018, Dach, J., &Starmans, D. 2005)

Consequently, locations that are unsuitable for the production of fruits and vegetables, like those near commercial regions, may have land that is suitable for the production of crops to meet personal needs. (Kicińska et.al. 2021). It results in the manufacturing of food of inadequate quality. The existence of plant growth, which causes decreased productivity, is another concern associated with soil maintenance. (Ezzahoui,et.al., 2021). Climate change and a decline in ecosystems are two effects of extensive high-yield crop cultivation. (Tillman,et.al , 2002). A 2 °C drop in world temperatures might be achieved by the



food industry by limiting the release of greenhouse gases, mostly through regulating land use. (IPCC, 2019). One of the 21st century's most urgent sustainability concerns is lowering global greenhouse gas emissions. 50% and 60% of the world's emissions from humans of N₂O and CH₄ come from farming alone.(IPCC2017) and one of the main sources of emitted is soil. The proper control of energy usage is crucial for minimizing the sector's ecological effects and is regarded as the primary indicator for equitable growth (Taki.et.al. 2018). Farming practices have changed in multiple manners in recent years, among them the employment of customized seeds and machinery, as well as the widespread application of insecticides and boosts, the makeup of which is closely related to elements and, consequently, the availability of them (Rafiee.et.al.,(2010) ,Taki.et.al., 2013). Therefore, soil loss, erosion, and pollution are caused by herbicides, pesticides (Stanghelliniet.al, 2003)and the discharge of hazardous materials and impurities (Zhang.et.al,2012). In terms of water and biodiversity, growing soil requires both large amounts of renewable assets and high-quality water. (Bakhtaret.al., 2018)

Table 1: Sections where Conventional Farming Causes Ecological Damage

Reference	Domain of Influence	Ecological Impact
Psci(2020)	A decrease in cultivable land	The yield of crops currently accounts for 38% of all non-frozen land worldwide, and this percentage will rise steadily until 2050, when it will reach roughly 593 million hectares of cultivable area to feed the growing number of people worldwide.
Cortada.et.al.(2018) Dach&Starmans(2005)	A decrease in cultivable land	Conventional agriculture drastically reduces the amount of arable land and alters the natural landscape.
Psci(2020)	Yeild impurity /Corrosion of dirt	Conventional farming is associated with the extensive use of chemicals and weeds.
Ezzahoui et.al.(2021)	Yeild impurity /Corrosion of dirt	Plants pose a hazard to soil agriculture and is the reason for the lower yield.
Tilman et.al.(2002)	Variations in environment	The growing complexity of high-yield crops is to blame for both increasing temperatures and diminished biodiversity.
IPCC(2019)	Variations in environment	The entire world would drop by 2 °C if cultivation merely reduced the release of greenhouse gases.
Takiet.al.(2013); Rafiee et al.(2010)	Utilization of organic assets	Farming practices have altered and become more reliant on minerals as a result of the introduction of equipment for specialized seeds, herbicides, and boosters.



Bakhtar et al.(2018); PSCI (2020)	Utilization of natural assets	Materials from nature must be used extensively for soil improvement.
IPCC (2007)	Greenhouse gas emission	Soil represents one of the primary culprits of carbon emissions, and farming is responsible for 50% and 60% of the world’s human-generated emissions of nitrogen dioxide and methane, correspondingly.

Conventional Farming Effects on Hydrology

The force of mint and immaculate water is essential part, Given that many nations with large numbers have not adopted metallic drinking water or metallic water for hygiene purposes, as explained by the (United Nations, 2022). Intrinsic hydrological resources have been reduced due to population growth and migration to governmental facilities, and a significant amount of wastewater has been produced. (Yadav et.al, 2020). The United countries people water elaboration report provides data for wastewater treatment (reported in 2017). These data direct that high- profit countries serve about 70% of their wastewater, upper- mid- profit countries nearly 38%, lower middle-gain nations closely 28%, and low-gain nations closely 8% (corresponding to United nation. 2017). The United Nations described that by 2025, numerous countries and zones will face water negligence, affecting closely 180 crores people (2007).By 2025, 40 percent of people would reside in areas with a shortage of water workers, according to the international organization. (epa, 2012). This is a major issue and supports the lack of water disposing of queues, particularly in the farming zone, which is noted to be the biggest user of brand-new water (Table 2). (Co-occurring to United nation, 2009). The major user of water is farming, which uses more than seventy percent of it for cultivation. (Mcdaneil.et.al,2017).The substantial water requirements for horticulture (Harding.et.al 2008) are rated only one of the liabilities of earth life. Corresponding to (FAO data (2012), only 17 percent of all developed land is used for farming, which is the globe’s biggest immediate water consumers, followed by the artificial beings domain manage and household and for leisure purposes. From thirty to forty percent of the global diet is produced in areas that are watered. (Sathaiah.et.al, 2020).Meanwhile, studies have shown that the country’s finances use around eighty percent of water supplies.(Martinez.et.al, 2018). The culturing importunity for water in the husbandry and artificial diggings is pitching in to a worldwide water default clutch (egbuikwem.et.al, 2020).Rising family and human-made demands may cause water shortages in the future, and by 2025, agricultural water consumption in 45 countries—which account for 83 percent of the world’s population—would have increased nearly 22 percent from 1995 (sathaiah.et.al, 2020).

Table 2: Applications of Water Supplies by Traditional Farming Methods

Reference	Utilization of Hydrology
McDanielet.al.,2017	The major user of water is cultivation, which uses more over 70% of it for cultivation.
FAO , 2012	Sprinkled regions, which make up only 17% of all agricultural land, provide 30–40% of the world’s grain.
Sathaiah and Chandrasekaran ,2020	The increasing home and commercial use will put the supply of water for farming at risk. By 2025, in forty-five nations, home to 83% of the globe’s inhabitants, the quantity of water utilized for agriculture would have increased by 22% since 1995.



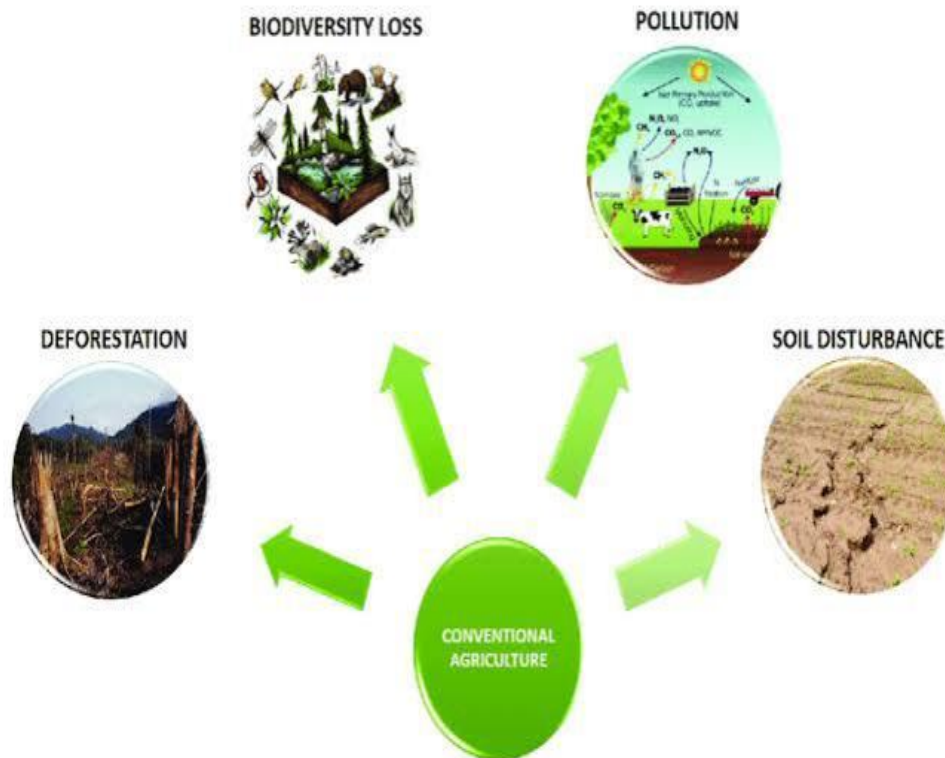
Martinez-Mateet.al. 2018	Farming uses 80% of the sources.
Egbuikwem, Mierzwa, and Saroj ,2020	The global water shortage situation is being exacerbated by the rising need for water from factories and farms.

The Impact of Conventional Cultivation on Energy Consumption

Conventional civilization practices have been linked to suggestive uses of power, firstly because of the utilization for synthetic diseases, fungicides, and irrigation systems. The product and transportation of these intakes bear concrete quantities of energy, pitching in to hothouse gas emigrations and ambience change (Lal, 2004). For case, the product of synthetic diseases, similar as nitrogen- grounded diseases, requires expressive quantities of energy, with evaluations indicating that the product of these diseases accounts for roughly 1.3 of universal energy consumption(IFA, 2017). Likewise, the use of irrigation systems, which are generally assumed in conventional civilization, also requires meaningful quantities of energy to pump and distinguish water (Postel, 2000). Inclusively, the energy consumption associated with conventional civilization practices highlights the need for further maintainable and energy- productive farming practices.

Figure 1: The Impact of Conventional on the Environment (Author's Compilation) Hydroponic Cultivation

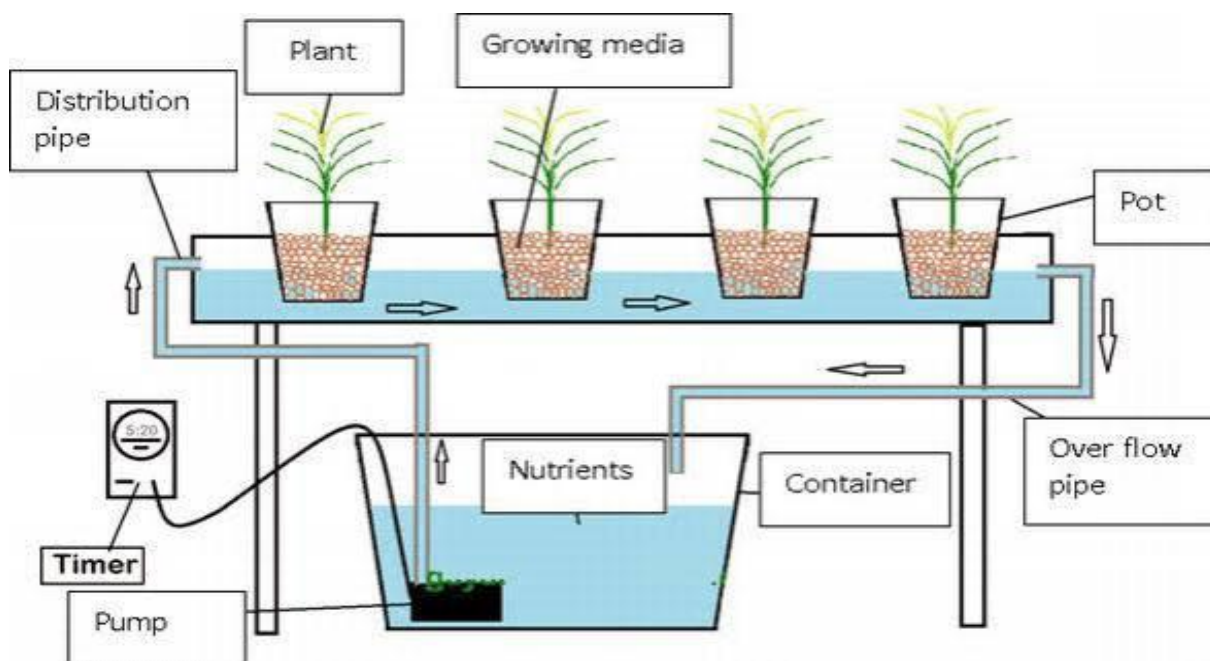
One of the particular plant-growing techniques is hydroponics, also known as liquid culture, which creates the circumstances



necessary for establishment of plants lacking soil, as shown in the image given below.



Figure 2: Generic Hydroponic System (Author's Compilation)



One kind of growing technique that can reduce the need of critical assets for cultivation of crops is hydroponics, which uses a solution of nutrients in place of soil (Savvas et al., 2003). By providing water to thirsty plant tissue according to their requirements, this technique will maximize productivity in a vast area while using the least amount of water and human energy (Eigenbrod et al., 2015). Considering the nutrients utilized in hydroponic cultivation are extremely optimal and concentrate on what the crop needs, these goods are of better and more nutritiously quality than the typical person in land cultivation. This approach is better than the conventional one since it allows additional authority onto the plant's providing water and nourishment (Tomsai et al., 2015; Smilewskiet.al. 2009; Leeet.al. 2015).

Benefits of Hydroponic Farming

Hydroponic culture is increasingly large worldwide, especially in Latin America, Brazil, and Mexico, for its productive, soil-free product styles (croft.et.al2017). According to Joshi (2018) promotes briskly factory growth (30- 50 splitting) and significantly advanced yields equated to traditional soil civilization. Hydroponics allows for raised husbandry, maximizing place use and reducing the need for hulking nation areas (Wada, 2019). It also requires lower water, with consumption up to seven moments lower than conventional styles (Alshrou, 2017). Hydroponic complexes can use treated wastewater (Sutar.et.al, 2018), enhancing sustainability and reducing environmental impact (Carmassi.et.al2005). Likewise, hydroponics is a stainless system that avoids toxicants, creating safer, advanced- quality food yield (Fu.et.al, 2008). The integration of aquaponics, coupling hydroponics with monoculture, further enhances water and nutrient recycling, making it a promising maintainable food product complex (Suhl.et.al, 2016). Hydroponics is therefore ecologically unique and beneficial. (Romeo et.al, 2018).

Table 3: Benefits of Hydroponic Farming

Reference	Zones	Benefits
Croft et al. (2017)	Improve utilization of land	All over the world, hydroponics is significant for farming since it provides a way to grow crops in places without soil.



Joshi (2018)	Increase yield	Compared to soil, the development rate in hydroponic cultivation is 30–50% quicker.
Wada (2019)	Hygienic farming	Because hydroponics uses downward multi-layer creation, it saves space and guarantees a clean blooming atmosphere.
Romeo(2018)	Conserving water for irrigation	Hydroponics uses multiple times less water than open-field growing and seven times less than traditional cultivation in greenhouses.
Sutar.et.al(2018)	Conserving water for irrigation	Domestic wastewater can be used as a nutritional media in hydroponics, which uses processed waste water.
Carmassi.et.al (2005)	Conserving water for irrigation	Reusing water is feasible and hydroponics help conserve water.
Fu.et.al.(2008)	Minimal impact on environment	Food security is created because hydroponic items are produced free the use of insecticides which increases client confidence and capacity to pay extra for it.
Suhl.et.al(2016)	Nutrition management / using less fertilizer	Given that minerals regenerate instantly, hydroponics represents a few of the greatest promising ecological methods for farming for generations that follow.
Alshrous(2017)	Minimal impact on environment / conserving water	With 10% less water used than typical farming, hydroponic farming is an ecofriendly and able to survive technique.

Limitations of Hydroponic Farming

There are few disadvantages to hydroponics despite of its many benefits, including the high initial cost, thus prospective farmers should exercise prudence at originally (Souza et al., 2019). 95.3% of the total energy is needed annually for consumption of energy, although the requirement for electrical consumes 4.7% of the power, as the following illustrates. (Vourdoubas et al,2015).This cultivation method may not be adopted due to the large initial outlay, substantial power expenses, and requirement for specific expertise, and ongoing monitoring and support (Muñoz, H. Hydroponics Manual).



Table 4: Limitations of Hydroponic Farming

Reference	Zones	Limitations
Vourdoubasm.et.al(2015)	Boosted use of power	The yearly utilization of energy demands amount to 95.3% of all energy consumed, of which 4.7% is used for power.
Souza, ToescaGimenes, and Binotto (2019)	Expensive starting outlay	Hydroponics demand a large upfront spending.
Muñoz	Expensive starting outlay /increased power consumption / necessary expertise	High startup cost, high energy fees, specialized technical know-how and ongoing guidance and assistance are all needed for hydroponics.

3. CONCLUSION

Hydroponics has attracted a lot of interest from experimenters and growers because of its clever and slice-edge way. This reverie varied the goods of hydroponic husbandry and conventional husbandry on energy, water, and the terrain. The findings demonstrate that hydroponic civilization, with its superior culture substrates and cosmopolitan control outfit offers the stylish conditions for factory growth. Hydroponics uses lower water, toxin, and fungicides than conventional civilization because of the precise control over their distribution. While the original outlay cost for hydroponic civilization is advanced than that of conventional styles, it mainly decreases loss of energy and produces advanced quality, advanced yields, and optimal use of water and nutrients, thanks to its accurate environmental control. Experts and growers working in the field are inspired to broaden their practices corresponding to original capital, coffers, and geographic position in order to completely maximize hydroponic husbandry. Choosing a good position and using sustainable energy sources can help alleviate the potentially advanced original capital investment necessary for hydroponics. Despite taking lower capital, popular civilization uses lower energy than hydroponic technologies. To epitomize, the operation of hydroponic civilization assures expedient authority, optimal energy consumption, and sustainable and efficient product.

4. SUGGESTION

Agriculture would come less dependent on fossil energies if renewable energy sources were incorporated into the sector. Renewable energy may also be suitable to neutralize the fresh power used for automated charges and outfit. Further, renewable energy gives a result to the environmental checks that attend the use of fossil energies and natural coffers, in addition to the earth's energy constraints. It would be veritably helpful to have educational programs for training and knowledge transfer. Universities and firms working simultaneously would increase the mindfulness of hydroponic technologies. Professionals in the hydroponics assiduity would profit from training installations and forums to boost their moxie. Dissipation into fresh framework accessories and customized determination in hydroponic machinery would further reduce the high initial purchase cost. The growth of determination in hydroponics systems and related governmental operations, along with specialized and mechanical exploration into new accoutrements for hydroponics design construction, would induce new employment openings for academic staff, druggists, mechanics, and agriculturists

REFERENCES

- [1] Al Shrouf, A. (2017).Hydroponics, aeroponic and aquaponic as compared with conventional farming. American Academic Scientific Research Journal for Engineering, Technology, and Sciences, 27, 247. Retrieved from <https://core.ac.uk/download/pdf/235050152.pdf>
- [2] Bakhtar, N., Chhabria, V., Chougle, I., Vidhrani, H., &Hande, R. (2018).IoT-based hydroponic farm. IEEE. Retrieved October 17, 2022, from <https://ieeexplore.ieee.org/document/8748447>
- [3] Barbosa, G. L., Gadelha, F. D. A., Kublik, N., Proctor, A., Reichelm, L., Weissinger, E., Wohlleb, G. M., &Halden, R. U. (2015). Comparison of land, water, and energy requirements of lettuce grown using hydroponic vs. conventional agricultural methods. International Journal of Environmental Research and



- Public Health, 12(6), 6879-6891. <https://doi.org/10.3390/ijerph120606879>.
- [4] Carmassi, G., Incrocci, L., Maggini, R., Malorgio, F., Tognoni, F., & Pardossi, A. (2005). Modeling salinity build-up in recirculating nutrient solution culture. *Journal of Plant Nutrition*, 28(3), 431–445. <https://doi.org/10.1081/PLN-200049207>
- [5] Cortada, U., Hidalgo, M. C., Martínez, J., & Rey, J. (2018). Impact in soils caused by metal(loid)s in lead metallurgy: The case of La Cruz smelter (Southern Spain). *Journal of Geochemical Exploration*, 190, 302–313. <https://doi.org/10.1016/j.gexplo.2018.03.014>
- [6] Croft, M. M., Hallett, S. G., & Marshall, M. I. (2017). Hydroponic production of vegetable amaranth (*Amaranthus cruentus*) for improving nutritional security and economic viability in Kenya. *Renewable Agriculture and Food Systems*, 32, 552–561. <https://doi.org/10.1017/S1742170516000481>
- [7] Dach, J., & Starman, D. (2005). Heavy metals balance in Polish and Dutch agronomy: Actual state and provisions for the future. *Agriculture, Ecosystems & Environment*, 107, 309–316. <https://doi.org/10.1016/j.agee.2004.10.020>
- [8] Egbuikwem, P. N., Mierzwa, J. C., & Saroj, D. P. (2020). Evaluation of aerobic biological process with post-ozonation for treatment of mixed industrial and domestic wastewater for potential reuse in agriculture. *Bioresource Technology*, 318, 124200. <https://doi.org/10.1016/j.biortech.2020.124200>
- [9] Eigenbrod, C., & Gruda, N. (2015). Urban vegetable for food security in cities: A review. *Agronomy for Sustainable Development*, 35, 483–498. <https://doi.org/10.1007/s13593-014-0273-y>
- [10] EPA. (2012). Guidelines for water reuse. U.S. Environmental Protection Agency. Retrieved March 26, 2021, from <https://www3.epa.gov/region1/npdes/merrimackstation/pdfs/ar/AR-1530.pdf>
- [11] Ezzahoui, I., Abdelouahid, R. A., Taji, K., & Marzak, A. (2021). Hydroponic and aquaponic farming: Comparative study based on Internet of Things (IoT) technologies. *Procedia Computer Science*, 191, 499–504. <https://doi.org/10.1016/j.procs.2021.07.064>
- [12] FAO. (2012). Coping with water scarcity: An action framework for agriculture and food security. Food and Agriculture Organization of the United Nations. Retrieved March 26, 2021, from <http://www.fao.org/docrep/016/i3015e/i3015e.pdf>
- [13] Food and Agriculture Organization of the United Nations (FAO). (2017). The future of food and agriculture: Trends and challenges. FAO. <https://doi.org/10.22004/ag.econ.319843>.
- [14] Fu, T.-T., Liu, J.-T., & Hammit, J. K. (2008). Consumer willingness to pay for low-pesticide fresh produce in Taiwan. *Journal of Agricultural Economics*, 50(2), 220–233. <https://doi.org/10.1111/j.1477-9552.2008.00190.x>
- [15] Hardin, C., Mehlitz, T., Yildiz, I., & Kelly, S. F. (2008). Simulated performance of a renewable energy technology—Heat pump systems in semi-arid California greenhouses. *Acta Horticulturae*, 797, 347–352. <https://doi.org/10.17660/ActaHortic.2008.797.49>
- [16] Hayden, A. (2006). Aeroponic and hydroponic systems for medicinal herb, rhizome, and root crops. *Hort Science*, 41(3), 536–538. <https://doi.org/10.21273/HORTSCI.41.3.536>
- [17] IPCC. (2007). Climate change 2007: The physical science basis. Cambridge University Press. Retrieved April 6, 2022, from https://www.ipcc.ch/site/assets/uploads/2018/05/ar4_wg1_full_report-1.pdf
- [18] IPCC. (2019). Land is a critical resource, IPCC report says. Retrieved April 6, 2022, from https://www.ipcc.ch/2019/08/08/land-is-a-critical-resource_srccl/
- [19] Joshi, N., & Joshi, A. (2018). Green spaces: Create your own (1sted.). Notion Press Inc.
- [20] Kicińska, A., & Wikar, J. (2021). Ecological risk associated with agricultural production in soils contaminated by the activities of the metal ore mining and processing industry—Example from Southern Poland. *Soil and Tillage Research*, 205, 104817. <https://doi.org/10.1016/j.still.2020.104817>
- [21] Martínez-Mate, M. A., Martín-Gorriz, B., Martínez-Alvarez, V., Soto-García, M., & Maestre-Valero, J. F. (2018). Hydroponic system and desalinated seawater as an alternative farm-productive proposal in water scarcity areas: Energy and greenhouse gas emissions analysis of lettuce production in Southeast Spain. *Journal of Cleaner Production*, 172, 1298–1310. <https://doi.org/10.1016/j.jclepro.2017.10.264>
- [22] McDaniel, R. L., Munster, C., & Nielsen-Gammon, J. (2017). Crop and location-specific agricultural drought quantification: Part III. Forecasting water stress and yield trends. *Transactions of the ASABE*, 60, 741–752.



<https://doi.org/10.13031/trans.12097>

- [23] Morton, J. (2013). Hydroponics: A sustainable solution for food production. *Journal of Sustainable Agriculture*, 37(2), 141-155.
- [24] Muñoz, H. (n.d.). Hydroponics manual: Home-based vegetable production system. Inter-American Institute for Cooperation on Agriculture (IICA). Retrieved from <https://repositorio.iica.int/handle/11324/11648>
- [25] PSCI. (2020). The future of farming: Hydroponics. Princeton University. Retrieved November 1, 2021, from <https://psci.princeton.edu/tips/2020/11/9/the-future-of-farming-hydroponics>
- [26] Rafiee, S., Mousavi Avval, S. H., & Mohammadi, A. (2010). Modeling and sensitivity analysis of energy inputs for apple production in Iran. *Energy*, 35, 3301–3306. <https://doi.org/10.1016/j.energy.2010.04.015>
- [27] Resh, H. M. (2013). *Hydroponic food production: A definitive guidebook for the advanced home gardener and the commercial hydroponic grower*. CRC Press.
- [28] Romeo, D., Vea, E. B., & Thomsen, M. (2018). Environmental impacts of urban hydroponics in Europe: A case study in Lyon. *Procedia CIRP*, 69, 540–545. <https://doi.org/10.1016/j.procir.2017.11.022>
- [29] Sathaiyah, M., & Chandrasekaran, M. (2020). A bio-physical and socio-economic impact analysis of using industrial treated wastewater in agriculture in Tamil Nadu, India. *Agricultural Water Management*, 241, 106394. <https://doi.org/10.1016/j.agwat.2020.106394>
- [30] Savvas, D. (2003). Hydroponics: A modern technology supporting the application of integrated crop management in greenhouse. *Journal of Food, Agriculture and Environment*, 1, 80–86. <https://doi.org/10.1234/jfae.v1i1.80>
- [31] Savvas, D., Ntatsi, G., & Barouchas, P. (2013). Hydroponics: A sustainable method of plant production. *Journal of Food, Agriculture and Environment*, 11(2), 101-108.
- [32] Schmilewski, G. (2009). Growing medium constituents used in the EU. *Acta Horticulturae*, 819, 33-46. <https://doi.org/10.17660/ActaHortic.2009.819.2>
- [33] Singh, S., Singh, S., & Kumar, V. (2019). Economic viability of hydroponic farming: A review. *Journal of Agricultural Engineering*, 50(2), 1-9.
- [34] Souza, S. V., Gimenes, R. M. T., & Binotto, E. (2019). Economic viability for deploying hydroponic system in emerging countries: A differentiated risk adjustment proposal. *Land Use Policy*, 83, 357–369. <https://doi.org/10.1016/j.landusepol.2019.02.006>
- [35] Stanghellini, C., Kempkes, F. L. K., & Knies, P. (2003). Enhancing environmental quality in agricultural systems. *Acta Horticulturae*, 609, 277–283. <https://doi.org/10.17660/ActaHortic.2003.609.33>
- [36] Su, Y., Li, C., Wang, K., Deng, J., Shahtahmassebi, A. R., Zhang, L., Ao, W., Guan, T., Pan, Y., & Gan, M. (2019). Quantifying the spatiotemporal dynamics and multi-aspect performance of non-grain production during 2000–2015 at a fine scale. *Ecological Indicators*, 101, 410–419. <https://doi.org/10.1016/j.ecolind.2019.01.070>
- [37] Suhl, J., Dannehl, D., Kloas, W., Baganz, D., Jobs, S., Scheibe, G., & Schmidt, U. (2016). Advanced aquaponics: Evaluation of intensive tomato production in aquaponics vs. conventional hydroponics. *Agricultural Water Management*, 178, 335–344. <https://doi.org/10.1016/j.agwat.2016.10.013>
- [38] Sutar, K. A., Wadkar, S., Kiran, G., Jadhav, S., & Turambekar, V. (2018). Study on use of wastewater in hydroponic system instead of nutrient solution. *International Journal of Research in Applied Science and Engineering Technology*, 6, 2035–2039. <https://doi.org/10.22214/ijraset.2018.4567>
- [39] Taki, M., Abdi, R., Akbarpour, M., & Mobtaker, H. G. (2013). Energy inputs–yield relationship and sensitivity analysis for tomato greenhouse production in Iran. *Journal of Agricultural Engineering*, 15, 59. Retrieved October 19, 2021, from <https://cigrjournal.org/index.php/Ejournal/article/view/2095/1701>
- [40] Taki, M., Rohani, A., & Rahmati-Joneidabad, M. (2018). Solar thermal simulation and applications in greenhouse. *Information Processing in Agriculture*, 5, 83–113. <https://doi.org/10.1016/j.inpa.2018.01.003>
- [41] Tilman, D., Cassman, K. G., Matson, P. A., Naylor, R., & Polasky, S. (2002). Agricultural sustainability and intensive production practices. *Nature*, 418, 671–677. <https://doi.org/10.1038/nature01014>
- [42] Tilman, D., Balzer, C., Hill, J., & Befort, B. L. (2011). Global food demand and the sustainable intensification of agriculture. *Proceedings of the National Academy of Sciences*, 108(50), 20260-20264.



<https://doi.org/10.1073/pnas.1116437108>

- [43] Tomasi, N., Pinton, R., Dalla Costa, L., Cortella, G., Terzano, R., Mimmo, T., Scampicchio, M., & Cesco, S. (2015). New 'solutions' for floating cultivation system of ready-to-eat salad: A review. *Trends in Food Science & Technology*, 46, 267–276. <https://doi.org/10.1016/j.tifs.2015.09.004>
- [44] Tzilivakis, J., Warner, D. J., May, M., Lewis, K. A., & Jaggard, K. (2005). An assessment of the energy inputs and greenhouse gas emissions in sugar beet (*Beta vulgaris*) production in the UK. *Agricultural Systems*, 85, 101–119. <https://doi.org/10.1016/j.agsy.2004.07.015>
- [45] United Nations. (2007). *Coping with water scarcity: Challenge of the twenty-first century*. United Nations Educational, Scientific and Cultural Organization. Retrieved March 26, 2021, from <https://www.fao.org/3/aq444e/aq444e.pdf>
- [46] United Nations. (2009). *Water in a changing world: The United Nations world water development report*. United Nations Educational, Scientific and Cultural Organization. Retrieved May 31, 2022, from <https://unesdoc.unesco.org/ark:/48223/pf0000181993>
- [47] United Nations. (2017). *The United Nations World Water Development Report 2017: Wastewater: The untapped resource*. United Nations Educational, Scientific and Cultural Organization. Retrieved April 2, 2021, from <https://www.unwater.org/publications/world-water-development-report-2017/>
- [48] United Nations. (2020). *World population prospects 2019: Highlights*. United Nations, Department of Economic and Social Affairs, Population Division.
- [49] United Nations. (2022). *Groundwater: Making the invisible visible*. United Nations Educational, Scientific and Cultural Organization. Retrieved June 2, 2022, from <https://www.unesco.org/en/articles/groundwater-making-invisible-visible-2022-and-beyond>
- [50] Vourdoubas, J. (2015). Overview of heating greenhouses with renewable energy sources: A case study in Crete—Greece. *Journal of Agriculture and Environmental Science*, 4, 70–76. <https://doi.org/10.15640/jaes.v4n1a8>
- [51] Wada, T. (2019). Theory and technology to control the nutrient solution of hydroponics. In M. Anpo, H. Fukuda, & T. Wada (Eds.), *Plant factory using artificial light* (pp. 5–14). Elsevier. <https://doi.org/10.1016/B978-0-12-813973-8.00001-9>
- [52] Yadav, R. K., Chiranjeevi, P., Sukrampal, & Patil, S. A. (2020). Integrated drip hydroponics-microbial fuel cell system for wastewater treatment and resource recovery. *Bioresource Technology Reports*, 9, 100392. <https://doi.org/10.1016/j.biteb.2020.100392>
- [53] Zhang, L. X., Song, B., & Chen, B. (2012). Emergy-based analysis of four farming systems: Insight into agricultural diversification in rural China. *Journal of Cleaner Production*, 28, 33–44. <https://doi.org/10.1016/j.jclepro.2011.11.038>

fffff